



# SAFE HARBOR COHASSET COALITION

*Facing Facts, Changing Lives*

## Safe Harbor Cohasset Coalition Meeting

Tuesday, January 11, 2022

11:00AM-12:30PM

[ZOOM](#)

Meeting ID: 881 8216 9603

### MINUTES

**ATTENDEES:** Cassie Muir, Miriam Johnson, Dt. Michael Lopes, Tricia Cifrino, Kathryn Hubley, Geordie Enoch, Karen-Bailey Francois, Jessica Goldberg, John Mills, Sarah Livermore, Leslie Scollins, Kevin McCarthy, Brian Scott, Michael Duggan, Patrick Sullivan, Alison Bryan, Ryan Walsh, Corey Evans, Chief William Quigley, Barbara Cerwonka, SRO Greg Taylor, Craig MacLellan, Tara Noyes, Nicole Balaschi

11:00 AM A. Welcome

- Nicole reminded the coalition of the Project Coordinator position vacancy and that the coalition is aiming for sustainability as we near the end of year 5 of DFC funding. Looking for passionate, hardworking members to re-energize the coalition's work

11:15 AM B. Coalition Evaluation Considerations

- Jessica Goldberg-Prevention Solutions
  - Jess presented a high-level overview of the evaluation report of the past 4 years.
  - Groups broke into two breakout groups to discuss: *Keeping in mind that SHCC is in Year 5 of a five-year grant (with the strong possibility of additional funding for five more years)...*
    1. *What jumped out to you or surprised you about the information shared today? What would you like to know more about?*
    2. *Based on the overview of data and recommendations provided, where do you believe SHCC should focus its efforts in the coming year? What types of activities should be prioritized to best position the coalition to submit a strong grant proposal for additional funding?*
  - Groups reported back on what they discussed in breakouts:
    - Ryan Walsh mentioned Perception vs. Reality in the community and schools/The division of Cohasset parents and supporters of parties vs nonparty parents when it comes to serving minors. – More work needed on communication and transparency/ Interactive programming to absorb the information via guest speakers or role playing
    - Tricia Cifrino mentioned focus on public speaking and will share contacts to a recommended organization to do so
    - Leslie Scollins mentioned programs pre-post- school hours such as Alateen, etc./increasing family engagement
  - Nicole asks that additional feedback and ideas discussed be emailed to her to be used in the action planning process

- Nicole mentions that the ambassadors are focusing on 3 main projects for the remainder of the year: Samantha Skunk for March, Substance Panel Forum in April, Mental Health Awareness Event in May to address many of the ideas mentioned today.

12:00 PM C. Cohasset Middle School Pear Results

- John Mills, CMS Principal
  - Presented the results of the most recent PEAR Institute data collection: The HSA is a 61-question survey based on PEAR's Clover Model, which describes child and adolescent development as a holistic interaction between four core developmental needs: Active Engagement (engaging the world physically), Assertiveness (expressing voice and choice), Belonging (social connection and relationships) and Reflection (thought and meaning-making). Based on student responses, CMS social-emotional “portrait” of the unique strengths and challenges of our students. The HSA was administered to CMS student body in September. Parent community was notified and families had option to opt out.
  - Nicole mentioned that this is the exact example of pure collaboration. One sector of the coalition thinking of an idea to address our goals and taking the actionable steps to implement with little assistance from coalition staff. This is what we aim to see more of in the year and years to come as we aim for sustainability.

12:15 PM D. Updates/Programs/Events

- CADCA Leadership Forum → 3 coalition members attending!!!
- Currently in Year 5 → Time to reapply with active participation
- Author of Hey Kiddo coming March 30<sup>th</sup> → How can your department/organization get involved to advertise and get the community involved?
- Ideas for Drug Take Back Day April 23<sup>rd</sup> → will be in contact with CPD

**!!ACTION ITEMS!!**

- Email Nicole feedback/ideas/actionable approaches from breakout groups
- Spread word to neighbors/colleagues regarding new coalition membership and the Project Coordinator vacancy
- Brainstorm how your organization or department can involve Hey Kiddo (ie, book groups, sharing information, etc.)

12:27 PM E. Adjourn Meeting

**Next Meeting: March 15, 2022**

**Hey Kiddo Event March 30, 2022 at 630PM**  
**Information on National DEA Rx Take Back Day (April 23, 2022) is on the back.**  
**Information on National Prevention Week (May 2022) is on the back.**



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**National DEA Rx Take Back Day- April 23<sup>rd</sup>**  
**10AM-2PM Cohasset Police Department**

The National Prescription Drug Take Back Day addresses a crucial public safety and public health issue. According to the 2016 National Survey on Drug Use and Health, **6.2 million Americans misused controlled prescription drugs**. The study shows that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet. The DEA's Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths.



**National Prevention Week- May 9-13, 2022**

National Prevention Week is an annual health observance dedicated to increasing public awareness of, and action around, mental health and/or substance use disorders.

Three primary goals:

- Involve communities in raising awareness about behavioral health issues and implementing prevention strategies, and showcasing effectiveness of evidence-based prevention programs;
- Foster partnerships and collaboration with federal agencies and national organizations dedicated to behavioral and public health; and
- Promote and disseminate quality behavioral health resources and publications.

<https://www.samhsa.gov/prevention-week>