

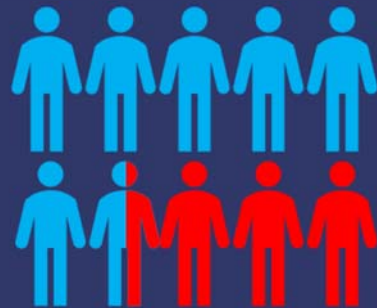
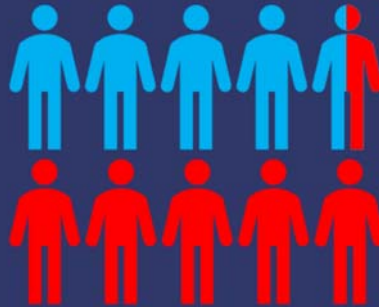
Keep talking. Make sure to set clear boundaries!

“Kids don’t always have all the facts when it comes to alcohol & other drugs. If parents don’t talk about the risks of underage drinking & substance use, their kids might not see any harm in trying alcohol & other substances. Having a conversation allows parents to set clear rules about what they expect from their kids when it comes to alcohol & other drugs.” - SAMHSA*

Of the Students who Reported That Their Parents Would **NOT** Disapprove of Them Drinking Alcohol**

55%

Had at least one drink of alcohol in the past 30 days***



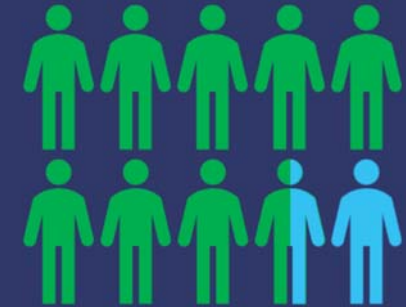
34%

Had 5 or more drinks in a row at least once in the past 30 days****

Of the Students who Reported That Their Parents **WOULD** Disapprove of Them Drinking Alcohol**

84%

Had NOT had anything to drink in the past 30 days***



92%

Had NOT engaged in binge drinking in the past 30 days****

The above data comes directly from the Youth Risk Behavior Survey (YRBS) that was administered to students at Cohasset High School in the spring of 2019.

For more information, visit: <http://safeharborcohasset.org/resources/>



*For more info about how to talk to your kids, visit the Substance Abuse & Mental Health Services Administration (SAMHSA) website: www.samhsa.gov/underage-drinking/parent-resources

**Question asked ‘How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage at least once or twice a month?’

***Question asked ‘During the past 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?’

****Question asked ‘In the past 30 days how many days did you have 5 or more drinks of alcohol in a row (i.e., within a couple of hours)?’