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Youth Ambassador Program Expectations

We are thrilled you've decided to join the Safe Harbor Cohasset Coalition Youth Ambassador Program. Youth Ambassadors is a program that is youth-led and facilitates lasting relationships between the youth of Cohasset, builds leadership skills, and raises awareness around health and substance-use issues affecting the Cohasset community. We aim for you to gain life skills and knowledge through projects, presentations, health education, and community service. We will provide resources and training for you to take action!

MEET THE YOUTH LEADERS



Hi there! My name is Morgan Sile. I have been a resident of Cohasset since I was in 4th grade, and prior to that, I lived in various places throughout the country. I currently attend Cohasset High School as a Senior and was the first youth ambassador in this program. I am currently a Youth Leader for the youth ambassador program and am looking forward to the year ahead and helping other ambassadors change policies that will improve our community.



My name is Kira Jamieson, I've been a Cohasset resident my whole life and I am currently attending Cohasset High School as a senior. I am a proud member of the 84 Movement's State-wide Leadership Team and a devoted member of the Cohasset community. My main goal is to spread education and awareness about substance misuse to all age groups. I've been a part of Safe Harbor's Youth Ambassadors since the beginning and I'm looking forward to another year as a Youth Leader.



I'm Evelyn Dickey, and I've attended Cohasset schools all my life; and right now I am a current Junior. I've been a youth ambassador with Safe Harbor since the first year of the program. Now, this will be my second year as a Youth Leader! This will also be my second year on the 84's Statewide Leadership team, a group that advocates for tobacco prevention across Massachusetts. I am looking forward to working with new and familiar faces this year to continue, and improve, the substance misuse and mental health education and policies in our community.



Hi, my name is Maeve Kearney and I am a rising junior at Cohasset High School. I am excited to be the newest addition to the Safe Harbor Youth Ambassador leaders, and have been with the coalition since the middle of my freshman year. One of my primary objectives is to educate the youth on the dangers of substance abuse before the opportunity to start experimenting arises, and also further inform throughout usage of social media. I can't wait to work with everyone in the future and am looking forward to bettering the community.



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WHAT TO EXPECT

The Youth Ambassador Program will have various projects and events throughout the year and, depending on your personal interests, you can partake in as many as you see fit. We aim to have each meeting be engaging and stress-free, but, like with many things in life, projects and events will require practice. Some meetings will be dedicated to working on upcoming projects, where others will be dedicated to practicing presentation skills, learning informational presentations, practicing PSAs, skills, tips, and tricks for resume building, etc. A few projects include:

Developing and recording PSAs
Presenting to local organizations
Presenting to elementary students
Organizing prevention events
Environmental scans

Community clean ups
Developing educational presentations
Designing prevention campaign materials
Managing Safe Harbor Instagram account
Advocacy projects

WHAT WE EXPECT OF YOU

It is important to understand that as a Safe Harbor Youth Ambassador, you take on the responsibility of role-modeling and promoting a healthy, educated, responsible lifestyle to your peers and your community.

By joining Youth Ambassadors, you commit to:

- Attending at least 75% of weekly meetings throughout the school year
- Communicating absence/tardiness in a timely manner
- Dressing appropriately and professionally when representing the organization at specific events
- Not engaging in any alcohol, tobacco products, marijuana products or any other illegal drug use
- Participating in group discussion
- Leaving phones out of sight for the duration of the meetings to minimize distraction
- Practicing communication by responding to emails, texts, and Remind announcements

RESPONSIBILITY We understand that there will be times you are unable to make meetings. All we ask is that you let us know in advance via text, call, email. To promote leadership and responsibility, we expect that these notifications will come from you and not your guardian.

RELIABILITY Like we mentioned, there will be times where you just can't make it. However, there will be projects you're involved in where others will be relying on you to play your part. Please connect with other members if you're unable to make a meeting and plan, if necessary, to meet up with them another time to continue your work.

RESPECT Throughout the year, we will continuously practice and polish presentation skills, practice PSAs, and edit press releases. This is a place where mistakes can be made, and constructive criticism can be given. The goal is to empower each other to grow and improve. We expect that any feedback will be given respectfully and that mistakes will be embraced and not mocked.



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MEETINGS

Meetings take place every Thursday (unless noted) from 4:30-6pm either virtually or in the meeting room of the Paul Pratt Memorial Library.

WHO TO CONTACT

Not sure where to meet? Going to be late? Question about an upcoming project? You can text, call, or email your youth leaders anytime between 9AM and 7PM. The team's joint email is cohassetyouthambassadors@gmail.com. Make sure to also join the Youth Ambassador's Remind, as many announcements are made here.

Student Name

Student Signature

Guardian Signature

Date